

June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Volleyball Workout & Open Gym 9-12 @GHS Main Gym/Weight room	15	16	17
18	19	20 Volleyball Workout & Open Gym 9-12 @GHS Main Gym/Weight room	21	22 Volleyball Workout & Open Gym 9-12 @GHS Main Gym/Weight room	23	24
25	26	27 Volleyball Workout & Open Gym 9-12 @GHS Main Gym/Weight room	28	29 Volleyball Workout & Open Gym 9-12 @GHS Main Gym/Weight room	30	

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11 Workout & Open Gym 9-12 @GHS Main Gym/Weight room	12	13 Workout & Open Gym 9-12 @GHS Main Gym/Weight room	14	15
16	17 Team Camp Time 9-11 am Main Gym/Girls Gym ALL VOLLEYBALL All Coaches	18 Team Camp Time 9-11 am Main Gym/Girls Gym ALL VOLLEYBALL All Coaches	19 Team Camp Time 9-11 am Main Gym/Girls Gym ALL VOLLEYBALL All Coaches	20	21	22
23	24	25	26 Open Gym 9:00-10:30	27 DEB CAMP 9-3 NO GYMS	28 DEB CAMP 9-3 NO GYMS	29 DEB CAMP 9-3 NO GYMS
30	31					

August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1 Meet at GHS Tryouts 8:00-11:00 Conditioning & Skills Main gym/Girls gym BRING RUNNING SHOES ALSO</i>	<i>2 Meet at GHS Tryouts 8:00-11:00 Conditioning & Skills Main gym/Girls gym</i>	<i>3 Meet at GHS Tryouts 8:00-11:00 Conditioning & Skills Main gym/Girls gym</i>	<i>4 First Team Practice</i>	<i>5 Dual Scrimmage vs Sunnyvale & Nimitz 9-GHS vs Sunnyvale 10-Sunnyvale vs Nimitz 11-Nimitz vs GHS</i>
6	<i>7 PRACTICE 8:00-10:00 9/JV/VARSITY All gyms</i>	<i>8 FIRST DAY OF SCHOOL @ Berkner 5:30/5:30/6:30</i>	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		